



Let's Connect:
Target Ovarian Cancer
communities



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The national charity Target Ovarian Cancer has set up a local peer support group in **Doncaster** for women with a diagnosis of ovarian cancer.

This peer support group is:

- ▶ A safe space to talk openly in a small group.
- ▶ Monthly face-to-face get-togethers in an accessible, local venue.
- ▶ Held on the last Thursday in every month, 1-3 pm.
- ▶ Led by volunteers from within the group.
- ▶ Of no cost to the group members.

How can I get involved?

If you have a diagnosis of ovarian cancer and are interested in attending a peer support group, please contact Pamela Walker, Project Lead:

☎ 07903 311616

@ pwalker@targetovariancancer.org.uk

🌐 targetovariancancer.org.uk

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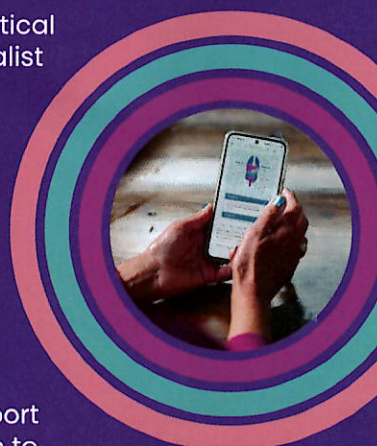


Our Support services

At Target Ovarian Cancer, we target what's important to stop ovarian cancer devastating lives. We're here for everyone affected by ovarian cancer any time you need us.

We provide support for anyone affected by ovarian cancer through our:

- ▶ **Nurse-led support line:** whether you need practical information, advice or a listening ear, our specialist nurses are here for you.
- ▶ **Online community:** Our two private Facebook groups are welcoming and helpful places to connect and chat with others who understand.
- ▶ **Trusted information:** Our website pages, videos, and information guides cover a wide range of topics, from diagnosis and treatments to finances and relationships.
- ▶ **Digital support events:** our programme of support events is shaped by you. From diet and nutrition to yoga and relaxation, there's lots to explore.



Find out more

targetovariancancer.org.uk/support

info@targetovariancancer.org.uk

Nurse-led support line: 0808 802 6000 (freephone)

